

Newton Central School Newsletter

Thursday 22nd February

Term 1

Week 3



Kia ora Koutou NCS Community Members,

I mentioned in last week's newsletter the planned Parent Information Evening on 15th March at 6.00pm in Te Whare Tapere. Incidents around students accessing social media, being exposed to cyber bullying or being exposed to harmful information are becoming increasingly regular occurrences within our community. To help parents be informed of these challenges, I've invited:

- Pauline Spence of Netsafe to talk to you about strategies parents can use to protect your children at home.
- Tom Mackintosh, Deputy Principal at Kowhai Intermediate and Head of Technology to talk to you about how social media has affected their well-being of their students, and the actions they've taken to protect them from harm.

I strongly encourage as many parents as possible to attend this meeting.

Newton Central School is a Positive Behaviour For Learning (PB4L) school and supports children in following restorative steps to resolve conflict which naturally occurs as children learn how to relate positively with one another. We take affirmative action if there is any instance of physical violence, but we cannot pick up every incident. Bullying, by its very nature, is often done away from adults. If your child reports anything to you in regards to physical violence, or their behaviour changes towards their willingness to attend school, please inform their class teacher as soon as possible so we can investigate the situation. We are committed to ensuring every child feels safe and enjoys their learning experience in our Kura.

Riki Teteina
Tumuaki

TRAVELWISE 'WARM MILO MORNING' & WALKING SCHOOL BUS

Tomorrow, Friday 23rd February, the Travelwise Team is hosting a 'Warm Milo Morning' for the Walking School Bus supporters from 8.30am – 8.50am outside the staffroom. Our regular 'Use Your Feet Friday' (UYFF) supporters are most welcome too.

We have a Walking School Bus that begins at the Nixon Carpark at 8.10am each morning, walking along the bicycle trail. This is run by parents to ensure safe travel to school each morning. Tracy, our Walking School Bus coordinator, will be available to talk to children and volunteers who are interested in joining the current Walking School Bus, or interested in launching one from another location.

ASSEMBLY

Tomorrow, Room 13 (year 4-5) will be hosting our first assembly for 2018 and we're looking forward to utilising our additional space. The time for assembly is now 2.15pm, allowing parents to attend as well. Our goal is to have assemblies last no longer than 30 minutes, allowing students to return to class, pack up and be released from their classrooms.

BEFORE AND AFTER SCHOOL EXCELLENCE 2018 (BASE)

Thank you to parents who have shown an interest and are waiting patiently for 'Before Care' to open. In order to make this happen quickly, we need at least 10 children to enrol. If you are interested, in 'Before' or 'After' school care, enrolment forms are available from the school or BASE office.

A friendly note to parents, if your child is booked into our service, we ask that you notify us of your child's absence, or if they are being picked up early and any other arrangement. Please contact the BASE team on mob: 0272239629 or email: after-school.care@newton.school and leave us a message.

NEWTON HONEY

Our bees on our school site have been busy, finding our many Manuka trees in our school forest particularly enticing. We now have 380ml pots for sale at the school office for \$15. Supplies are limited, so be in quick.

STREP THROAT AT NEWTON CENTRAL SCHOOL!

Two students at Newton Central School have recently been diagnosed with Strep Throat. Strep throat cannot be diagnosed on symptoms and signs alone; a swab of the throat is needed if strep throat is suspected.

Please carefully read the following information it is to advise you about sore throats and particularly strep throat. The best prevention is to teach and practice safe covering coughs, blowing the nose and always washing hands after both to our students.

Early detection and treatment is the best prevention of viruses and bacteria spreading.

Sore throats are common in children. Sore throats in children under three are seldom due to strep throat. Causes can include:

- Infection by viruses - the most common cause
- Infection by Group A streptococcus bacteria (strep throat) - a less frequent cause.

Viral sore throats

- Colds and flu viruses commonly cause sore throats / tonsillitis in children. Children often complain of a sore throat at the beginning of a cold. If your child has a sore throat caused by a cold or flu virus, they will usually have other symptoms such as a runny nose and cough.

Strep throat is more common in school-age children.

In New Zealand, Maori and Pacific Island children are at greatest risk of developing complications from strep throat

- See more at: <http://www.kidshealth.org.nz/sore-throat#sthash.qO3Eq13h.dpuf>
- <http://rheumaticfever.health.govt.nz/home>
- Free Throat clinic
- <https://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses/sore-throat/sore-throat-clinics/sore-throat-clinics-auckland#isthmus>

Auckland Isthmus

Clinic	Phone number	Address	Hours of operation
All Care Medical Centre Ponsonby	(09) 376 5580	215 Ponsonby Road, Ponsonby	Mon, Tues, Thurs Fri 8.30am - 12.30pm Wed 3.00pm - 6.00pm Sat 8.30am - 12.30pm

Strep Throat Symptoms

Group A *streptococcus* is a bacteria that can cause throat infection / tonsillitis (strep throat) in children and young people. Children with strep throat will often also have:

- a fever (greater than 38.5 degrees Celsius)
- swollen tonsils, sometimes with white patches
- swollen or tender glands in their neck

and may:

- complain of headache and stomach pain

Maori and Pacific Island children and teenagers

If your Maori or Pacific Island child has any sore throat, you need to take them to your GP (general practitioner). Other school-age children in your family / whanau may also have symptoms and should be checked. You can expect your child to have a throat swab. In some situations, your doctor may immediately prescribe 10 days of antibiotics for a suspected strep throat to prevent rheumatic fever.

Non Māori, non Pacific Island children and teenagers

Your non Māori, non Pacific Island child or teen with a sore throat has a low risk of developing rheumatic fever. Sore throats are usually viral, especially if your child or teen also has a cough. A throat swab taken by your doctor will rule out a strep throat. If your child or teen does have a strep throat, they will need 10 days of antibiotics.

All children

What you need to do is see your GP (general practitioner) if your child:

- has symptoms that are not improving after 48 hours
- has been drinking poorly for longer than 24 hours, or you are worried about dehydration
- has other symptoms which develop to complicate your child's illness and you are concerned about them
- has great difficulty swallowing
- has increased snoring when asleep, or periods of stopping breathing when asleep
- has tender lumps in the neck that are getting bigger (enlarging)

WHAT CAN be done to HELP prevent Sore throats?

1. **Getting your child diagnosed early as soon as symptoms present themselves and contact the classroom teacher and office.**
2. **Talk to Your Children about Covering Coughs and Sneezes:** Teach your child to cover their mouth and nose when they cough or sneeze, to throw away any tissues they have used themselves, and to wash and dry their hands well afterwards. This helps prevent illnesses with coughs and sneezes from spreading.
3. **Excluding Children with Strep Throat:** Children **diagnosed with Strep throat** are excluded from school while they are still infectious in accordance with the Health (Infectious and Notifiable Diseases) Regulations 1966. This means staying at home.

Juicies will be available this term on Fridays at lunchtime in front of room 7 & 8 for \$2.00

Community Notices

Senior Accountant Required 20 Hours Per Week

Are you looking for a change in lifestyle but still wanting to work in a meaningful accounting role? If so, this could be the perfect role for you!

Our boutique Accounting firm is looking for a Senior Chartered Accountant to be responsible for high level compliance and tax functions for its practice.

To be successful in this role you will need to have:

- full CA qualifications
- considerable CAANZ experience in reviewing SME accounting and tax jobs
- proven client/workflow management experience

To register your interest and find out more, please contact Daniel on 021 1625 475.

You could pocket \$40* a month with an AT HOP card

Buy and register your child's AT HOP card and pay less for school travel for children aged between 5 – 19 (excludes SkyBus and Waikato ferry services).

Go Metro. AT Metro

Check out at.govt.nz/schooltravel for more details.

AT HOP is a reusable prepay smart card for travel on trains, ferries and buses around Auckland.

Parents can save \$40* a month by loading the correct concession on their child's AT HOP card. To apply, parents need to buy and register an AT HOP card for their child. Children under 5 years of age travel free when accompanied by a fare paying passenger. For more information visit our [website](#).

Sinfonietta Children's Orchestra!

Sinfonietta is currently recruiting Primary and Intermediate School children who play violin, viola, cello, clarinet, flute, trumpet, horn, trombone or percussion.

Sinfonietta is a non-profit community orchestra based in Pt Chevalier suitable for children who are approximately Grades 2 – 5. Rehearsals take place every Tuesday from 4:20 - 6:15pm during school terms at Selwyn Village Theatre.

To learn more about our organisation please visit the orchestra's website

www.aotea.org.nz/

To join you can fill out the form on our website or email rosalind.mason@gmail.com



New Zealand Government

census
Stats NZ

What is the census?

The census is a count of all the people and households in New Zealand. The census provides information for the whole country to understand more about the people who live in New Zealand and to help make good decisions about where services are needed.

Why take part?

Because the information we collect is about everyone in New Zealand, it can be used to inform decisions and make plans about services and where they should be, such as hospitals, kōhanga reo, schools, roads, and public transport.

Who has to take part?

Everyone who is in New Zealand on census day. This includes tourists and visitors.

How will the census work this time?

Stats NZ are aiming to collect most of the census information online. In February, they will send or deliver an access code to every household in New Zealand. Follow the instructions to take part online.

Paper forms will still be available for those who prefer them.

To request paper forms, call the contact centre on 0800 CENSUS (0800 236 787) and they'll do the rest.

Complete your census online, on or before, 6 March 2018.

Who runs the census?

The census is run by Stats NZ, New Zealand's official data agency. Stats NZ is a government department but they operate independently of government.

How do we look after your info?

Your privacy is important to us. The information you provide will be kept confidential by Stats NZ and is protected by the Statistics Act 1975. Stats NZ do not share information that can identify you as an individual with anyone.

Key dates

19 February: contact centre opens 0800 CENSUS (0800 236 787)

23 February: letters with access codes will start to arrive across the country

6 March: census day

Good decisions are made when you know the numbers.

To find out more visit census.govt.nz

Help us
find out.