

# Newton Central School Newsletter

Thursday 1<sup>st</sup> March

Term 1

Week 4



Kia ora Koutou NCS Community Members,

A couple of weeks ago I met with parents to discuss challenges parents are facing with technology children accessing social media and Wi Fi at home. This issue is becoming an increasing challenge for parents, not only at Newton Central School, but throughout the country. This is something that the school cannot tackle alone and we need whole community support. We ask that as many parents as possible, come along to a presentation led by Pauline Spence of Netsafe on Thursday, 15<sup>th</sup> March at 6.00pm in Te Whare Tapere. She will be outlining what strategies parents can use to protect their children from harm.

## Census

All families should now know that the census is on next week, with the official day for completing it being Tuesday 6<sup>th</sup> March. However, you are welcome to complete the forms anytime over the next week. At school, many classes have been educating our students about what the census is and why it is important to get their parents to complete it. We ask all our families to complete it. The funding allocated to services (and schools) are based on the information given in the census, so we ask that everyone completes it.

**The school will have Ipads available for parents to complete the census on our school site, from 8.30am – 9.30am and 2.30pm – 3.30pm Monday and Tuesday next week. Please see our school office and our team will support you in completing the Census survey.**

## Before School Care

We have now started providing Before School Care from 7.00am – 8.30am for a nominal cost (\$5.00 per day), and it includes breakfast. If you'd like to sign your child up to attend this service, please email the [Before and Afterschool Excellence Team \(BASE\)](#).

To ensure there is proper care and supervision for all children while on school grounds, we ask that children do not arrive at school until 8.30am, unless they are enrolled in the Before School Programme.

Riki Teteina  
Tumuaki

## NEW PUPIL

We welcome Jeannie Lamont to the 'Best Little School in the World' and look forward to their journey of growth and learning with us.

## GRANTS COMMITTEE MEETING

Parents, if you have had experience with grant applications (we have a very talented community!) you are invited to this meeting on Tuesday 6<sup>th</sup> March at 5:30pm in the School Staffroom. We look forward to seeing you there.

## TE RA- Reward System

### Truth / Pono

– for integrity, honesty and true actions

### Excellence / Kairangi

– demonstrating excellent behaviour or attitude in work or play

### Respect / Whakamana

– for behaviour showing respect for peers, adults, equipment or kaupapa

### Aroha

– for helping to create the kind, supportive, safe, inclusive environment we value

The Positive Behaviour for Learning (PB4L) Restorative Practice model focuses on building and maintaining positive, respectful relationships across the school community with our school values at the centre. The way we do this is by giving praise and/or rewards when appropriate, positive behaviour or learning has been observed. Examples of this include the Wonderful Person Certificates - Free and Frequent, Merit Certificates, class points, individual sticker charts etc. These forms of praise and reward are all linked to our schoolwide values. Classroom teachers have their own system for celebrating the Wonderful Person Certificates when their students receive them.

They also inform the teacher about who to award the 2 class Merit certificates, which are shared at weekly assemblies. These Merit Certificate recipients go in the selection pool for the Principal Luncheon.

Room 6 are thinking about why treaties are important.

Niko N said "When you learn T.E.R.A at school it can come back home with you and you can share it with your family".

We love your thinking Niko!

### **NEWTON HONEY**

Our bees on our school site have been busy, finding our many Manuka trees in our school forest particularly enticing. We now have 380ml pots for sale at the school office for \$15. Supplies are limited, so be in quick.

### **STREP THROAT AT NEWTON CENTRAL SCHOOL!**

We have a few students across the School who have recently been diagnosed with Strep Throat. Strep throat cannot be diagnosed on symptoms and signs alone; a swab of the throat is needed if strep throat is suspected.

***Early detection and treatment is the best prevention of viruses and bacteria spreading.***

#### **WHAT CAN be done to HELP prevent Sore throats?**

- 1. Getting your child diagnosed early as soon as symptoms present themselves and contact the classroom teacher and office.**
- 2. Talk to Your Children about Covering Coughs and Sneezes:** Teach your child to cover their mouth and nose when they cough or sneeze, to throw away any tissues they have used themselves, and to wash and dry their hands well afterwards. This helps prevent illnesses with coughs and sneezes from spreading.
- 3. Excluding Children with Strep Throat:** Children **diagnosed with Strep throat** are excluded from school while they are still infectious in accordance with the Health (Infectious and Notifiable Diseases) Regulations 1966. This means staying at home.

### **CRICKET**

Today eight year 5 & 6 students participated in the Inner City Cricket Competition held at Victoria Park. We look forward to hearing how they went.

### **SWIMMING SPORTS**

This will be held on Friday 23rd of March. Week 7. Senior school (year 4-6 )will be in the first block and Junior school will be after first break in the middle block. Parents are welcome to come along to support their children.

**Juicies will be available this term on Fridays at lunchtime in front of room 7 & 8 for \$2.00**

## **Community Notices**



**Please be aware that travel to and from schools may be affected over the next 3 weeks due to industrial action.**

The Rail and Maritime Transport Union (RMTU) have advised there will be industrial action from Monday 26 February to Friday 16 March. This means that train services on the Eastern, Southern and Western Line will be running at a reduced frequency.

Auckland Transport and Transdev have developed a temporary timetable to minimise disruption and provide consistent rail services on these lines during this period.

Customers can expect Southern, Western and Eastern line weekday peak train services at 20-minute intervals, with inter-peak and off-peak services running as normal.

Many trains on these services will run with six cars, which can hold 900 passengers, to help reduce impact.

Onehunga and Pukekohe train services will remain on their usual timetable.

Ferry and bus services will operate as normal, please expect these services to be busier than normal.

For any updates check [AT.govt.nz](http://AT.govt.nz) website, twitter: [@AklTransport](https://twitter.com/AklTransport) or [facebook.com/akltransport](https://facebook.com/akltransport).



# FOOD PORTIONS



Using your own hand is ideal to check the size of your portions. When serving up for someone else, use the size of *their* hand.

## Components of a meal:



♥ **Non-starchy vegetables:** Two hands cupped together is a good guide for non-starchy vegetables like carrots, broccoli or cauliflower.



♥ **Grain foods and starchy vegetables or legumes:** The size of your closed fist is a guide for potato, taro, corn, rice, green banana, a bread roll, chickpeas, lentils or beans.



♥ **Fish:** The whole of your hand is a good guide for a piece of fish.

♥ **Poultry or meat:** Your palm is a guide for a portion of red meat, chicken or pork.



## Snacks:



♥ **Vegetables (non-starchy), fruit or nuts:** A single portion of vegetables, fruit or nuts is what fits into the palm of your hand. This is a good size for snacks.

For more information visit [heartfoundation.org.nz](http://heartfoundation.org.nz)

AFTER SCHOOL SESSIONS  
WEEKEND SESSIONS  
VIRTUAL SESSIONS  
PARENT CHILD SESSIONS

MINECRAFT  
ANDROID  
GRAPHICS DESIGN  
3D PRINTING  
PYTHON  
HTML/CSS  
ROBOTICS  
ROBLOX

SCHOOL  
HOLIDAY  
PROGRAMMES  
APRIL 16-27, 2018



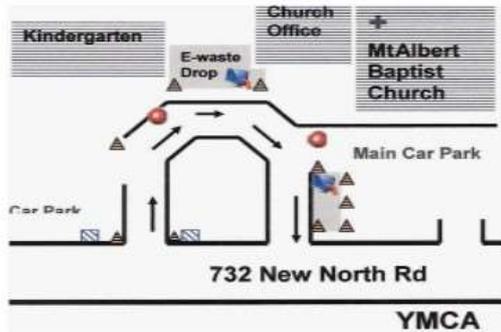
SCRATCHPAD  
TECHNOLOGY LEARNING CENTRES

12/1 ST LUKES MEGA CENTRE, MT. ALBERT,  
AUCKLAND. (09) 815 0825  
INFO@SCRATCHPAD.CO.NZ  
WWW.SCRATCHPAD.CO.NZ

EWASTE  
.org.nz

# Electronic Waste Drop Off Day

**3<sup>rd</sup> March 2018 Saturday 9am-3pm**  
Carpark at Mt. Albert Baptist Church  
(732 New North Road, Mt. Albert)



**Drop Off your unwanted Electronic / Electrical Products /  
Equipment on this Drive-Thru Event!**  
*Staff will unload everything for your convenience.*

**IMPORTANT :** Dropping off e-waste is allowed only on the event day. You cannot drop off e-waste prior/after the event day at this site. CCTV is operating 24/7.

Large quantity drop-offs require a pre-arrangement with our organiser on any working day. (Tel. 09 580 2603)

## Items Accepted Free of Charge

Computers, Laptops, Tablet PCs, Mainframe Circuit Boards, PDA Servers, Routers, Modems, Ovens, Switch Stoves, Microwaves, Hifi Stereo Amps, Players (Video, DVD, CD, Tape, Record), Cameras, Mobile Phones, Car Batteries, Drills, Wiring & Cabling, Electricals, etc.

## Charged Items (Please check our website for more information.)

**\$0.50-1.50** for Fluorescent Compact Light Bulbs and Tube Bulbs

**\$2-8** for Household Batteries for Half-Full of Yogurt / Ice Cream Container

**\$5** for LCD/LED TVs, Printers, Monitors     **\$15** for CRT TVs or CRT monitors

**\$10** for Dishwashers/Washing Machines/Dryers

**\$20** for any Fridge/Freezers, Photocopiers

\*Please understand charges above are for sharing the recycling cost.

\*Eftpos and Change available on site.

## Items NOT Accepted

Other hazardous waste ( e.g. oil, paint, garden & general chemical) TV Cabinets, Medical Devices, Furniture (Plastic/Wooden), Glass

**Visit our website and find out about us more!**

[www.ewaste.org.nz](http://www.ewaste.org.nz)

You can book e-waste disposal pick-ups at your convenient time. Help us keep New Zealand clean!

